

1. WELLNESS



WELLNESS. WEALTH. WISDOM.



WELLNESS IS #1.

For you and
your Family to
be well enough
to enjoy the good Life.


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ASK YOURSELF

QUESTION 1. Does the food your family eat contain ALL the 90 essential nutrients the body needs?

QUESTION 2. How much of your daily expense goes to you and your Family's nutritional health?

QUESTION 3. Is your family on the wellness lifestyle? Or are your habits setting them up for early death & diseases



LIFESTYLE CHECK



1. Do you eat *enough* **fruits & vegetables**?



4. Do you get easily tired & **stressed**?



2. Do you get *enough* fiber for **daily bowel movement** ?



5. Do you still **smoke or drink alcohol**?



3. Are you too busy to **exercise daily**?



6. Are you exposed to dirt and **air pollution**?

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ALARMING NEWS

80% of Death & Disease is caused by wrong Diet & Lifestyle

People dying annually from Heart Disease, Cancer, Stroke and Diabetes:



23,895,000
DEAD YEARLY

People living in suffering from High Blood Pressure, Heart Ailments and Diabetes:

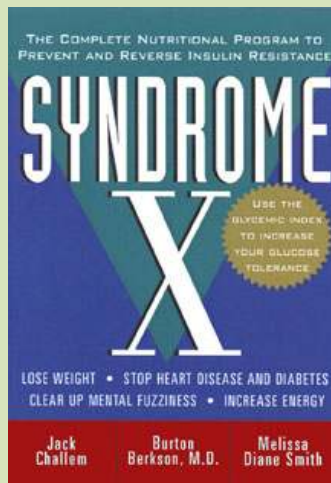
1,727,000,000
SUFFERERS

Data from the WHO Report 2002 – and other sources

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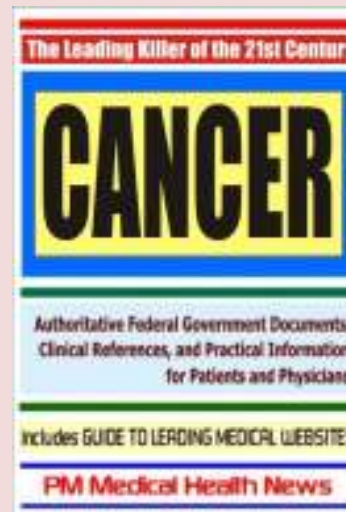
A BILLION DEATHS

SyndromeX & Cancer can kill 1 Billion from Year 2010-2060



Any combination of these 3 = SyndromeX:
1] Obesity
2] Diabetes
3] Heart Disease

With our current lifestyle & diet, 1 out of every 5 people may suffer or die from SYNDROME-X.



Cancer is due to Oxidation coming from:
1] Toxins in air and water
2] Stressful Lifestyle
3] Modern Diet

CANCER has become the leading killer of the 21st Century

What we eat (or don't eat) makes us sick!

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HOW TO SAVE YOUR LIFE

Prevent Disease & Death through Wellness:

Step 1. Commit by joining the Wellness Revolution

Step 2. Minimize fatty and fried food. Minimize meat.
Eliminate poisons such as alcohol & tobacco.

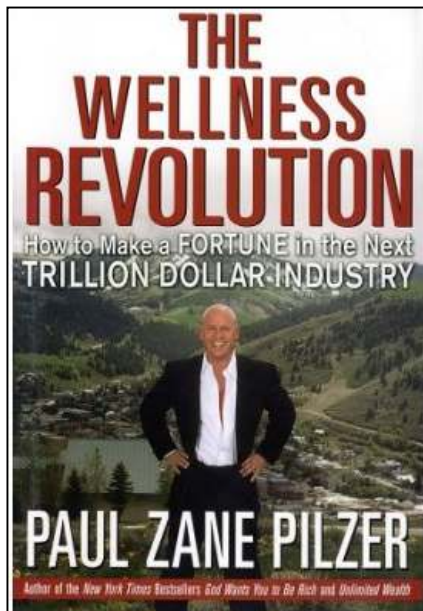
Step 3. Eat more raw vegetables, fruits & fiber!
Drink more water. Don't be afraid to sweat.

Step 4. Take all the 90 nutrients (vitamins, minerals, anti-oxidants, phyto-nutrients) from a natural plant-based food supplement.

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THE WELLNESS REVOLUTION

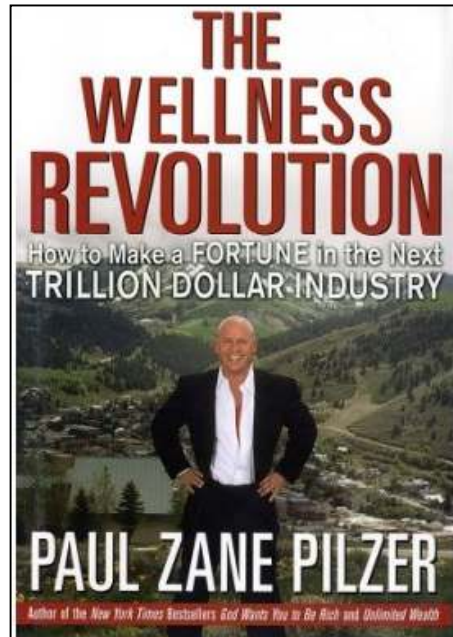
The Wellness Revolution is sparking a Trillion-Dollar Global Industry:



- The Wellness industry is bigger than the Internet industry
- Global market : 6.9 Billion
- Australian market : 22 Million
- N.Zealand market : 5 Million
- Philippine market : 95 Million

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WHY WELLNESS DISTRIBUTION



**Profitable Opportunity
to helping people stay
well and live longer!**

Prolong Life & Prevent
Disease with Natural,
Complete Plant-based
Nutrition from Nature's
Miracle tree: **MORINGA**



WHY MORINGA?



- 1. Universal appeal:** The popularity of Moringa (Malunggay) is booming worldwide.
- 2. Affordable for All:** Delivers better micro-nutrition than synthetic supplements at affordable prices.
- 3. All Experts Agree:** from ancient Ayurveda to modern scientists.
- 4. Mass-Market ready:** millions of consumers waiting in every country





What International Experts Say about Moringa

U.S.A.

“Moringa could soon become one of the world’s most valuable plants.”

Dr. Noel Vietmeyer, Director
U.S. National Academy of Sciences

ASIA / INDIA

“The 4,000-year old Indian Ayurveda lists 300 diseases that Moringa can prevent and cure”

Dr. C.P. Gopalan, President, Nutrition Foundation of India

EUROPE

The best way to be healthy is to ingest mostly uncooked vegetables rich in micro-nutrients

Dr. Monica Marcu

author of Moringa: Miracle Tree

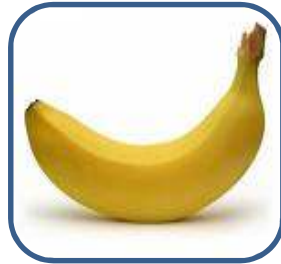


MORINGA'S MIRACLE NUTRITION

**MORINGA
500 MG
CAPSULE**



**Gram-per-gram
Comparison
of Moringa
with other
food...**



**15 Times
POTASIUM
Than banana**



**10 Times
VITAMIN A
Than carrot**



**17 Times
CALCIUM
Than milk**



**25 Times
More IRON
Than spinach**



**50% the
VITAMIN C
of oranges**



**9 Times
PROTEIN
than
yogurt**

Moringa **Mavens**

1. MORINGA: BEST SOURCE OF PROTEIN

**Moringa contain all
the 9 essential
amino acids...
to build
healthy
bodies!**



Histidine

Isoleucine

Leucine

Lysine

Methionine & Cystine

Phenylalanine & Tyrosine

Threonine

Tryptophan

Valine

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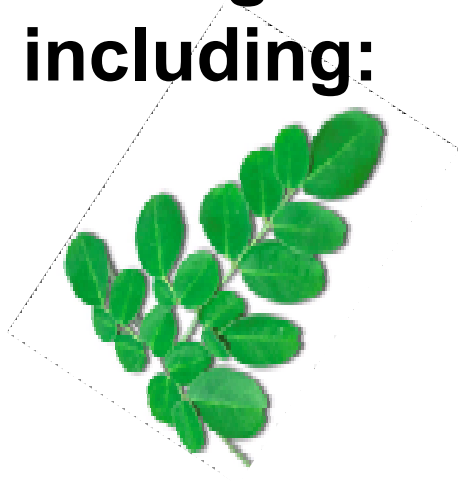
2. MORINGA: BEST SOURCE OF MINERALS

Moringa has all the Macro-Minerals we need including:



- CALCIUM
- MAGNESIUM
- POTASSIUM
- PHOSPHORUS
- SULFUR

Moringa has all the 5 Micro-Minerals we need including:



- IRON
- ZINC
- COPPER
- MANGANESE
- SELENIUM

The logo for 'Moringa Mavens' features a stylized green moringa leaf with five leaflets above the brand name. The text 'Moringa Mavens' is written in a light green, cursive font.

3. MORINGA: BEST SOURCE OF VITAMINS

Moringa has all the natural Vitamins in alkaline-form:

Rich in fat soluble vitamins:

Vitamin A
Vitamin D
Vitamin E
Vitamin K



Rich in water-soluble vitamins:

Vitamin C
Vitamin B1
Vitamin B2,
Vitamin B3
Vitamin B6
Vitamin B12

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4. MORINGA: PACKED WITH ANTI-OXIDANTS



Moringa has Powerful Anti-oxidants that prevent Cancer, such as:

- Flavonoids
- Quercetin
- Kaempferol
- Beta-Sitosterol
- Caffeoylquinic acid
- Zeatin


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5. MORINGA: POWERFUL PHYTO-CHEMICALS

POWERFUL PHYTONUTRIENTS like :

Alpha-carotene | beta-carotene | lutein |
Beta-cryptoxanthin | Chlorophyll | Zeaxanthin



BENEFITS OF TAKING MORINGA

SOFT
SUPPLE
SKIN



Vitamins A, C & E plus minerals Sulfur & Copper
helps improve skin elasticity, moisture and aids in
healing of wounds.

“The best skin care is

not creams or lotions..but proper nutrition”

Beauty Moringa Mavens

BENEFITS OF TAKING MORINGA

**ANTI-AGING
ANTIOXIDANTS**



Moringa has powerful Anti-oxidants such as Flavonoids, Quercetin, Kaempferol, Beta-Sitosterol, Caffeoylquinic Acid, Zeatin and more.

Anti-Oxidants prevents Cancer, Alzheimer's Disease, Hepatitis and degenerative diseases.

Health Moringa Mavens

BENEFITS OF TAKING MORINGA

**DETOXIFY
and
REJUVENATE**



Various Phyto-Nutrients rejuvenate the body at the cellular level, purify the blood, detoxify our livers and expel waste material.

Natural fiber in Moringa, with sufficient water, flushes out toxins & helps prevent colon cancer.

Detox

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“To be beautiful outside, one must be clean inside”

BENEFITS OF TAKING MORINGA

**STRONG
BONES & TEETH**



CALCIUM is not enough! You also need **MAGNESIUM, MANGANESE, POTASSIUM, BORON & VITAMIN D**, all essential for strong bones, teeth and ligaments.

“Malunggay is the secret of
Manny Pacquiao’s Strength”
— Freddie Roche

Strength *Moringa* *Mavens*

BENEFITS OF TAKING MORINGA

ACTIVE
ENERGY



Moringa has **PHOSPHORUS** which regulates energy metabolism and **MAGNESIUM & THE VITAMIN B COMPLEX (B1, B2, B6, B12)** that powers your body at the cellular level.

“Sustainable human energy does not come from caffeine or sugar but from the right nutrients”

Power Moringa Mavens

BENEFITS OF TAKING MORINGA

**HIGH
IMMUNITY**



VITAMINS ACE, MINERAL ZINC + AMINO ACIDS

supports a strong immune system that defends against sickness and increase the body's resistance to toxins and allergens.

“An ounce of prevention is worth more than a pound of cure”

Body

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BENEFITS OF TAKING MORINGA

BUILD a FAMILY



- Increases **MALE** sperm count.
- Boost milk production in lactating **MOTHERS**.
- Boosts anti-body count in **BABIES**.
- Provides all the vital nutrients for growing **KIDS**.

“Sen. Miguel Zubiri is now a proud father, thanks to Malunggay!”
- Phil Daily Inquirer, 2009

Virility

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BENEFITS OF TAKING MORINGA

ELIMINATE STRESS



- **CALCIUM, MAGNESIUM & THE B-VITAMINS** relax the nervous system and constricted blood vessels, improving blood flow.
- **TYROSINE & TRYPTOPHAN** helps to control depression, elevate mood, and promotes normal sleep.

Mind

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BENEFITS OF TAKING MORINGA

PREVENT



Anemia | Asthma | All forms of Cancer | Allergies |
Diabetes | Depression | Depression & other psycho-
logical disorders | Fatty Liver & Cirrhosis | Heart &
Other cardiovascular disorders | Osteoporosis & other
bone diseases | Obesity | Parkinson's disease | Scurvy
Malnutrition | Migraine | Rheumatoid arthritis | and more!

Heal

"Moringa can prevent and cure
over 300 diseases"
Dr. C.P. Gopalan, India

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BENEFITS OF TAKING MORINGA

Bio-Availability:

Natural Moringa vs. Synthetics

- Synthetic multi-vitamin and mineral tablets are not fully absorbed by the body
- Moringa's natural nutrients are 100% absorbable.
- Moringa has the highest bio-availability
- Moringa has no toxicity or over-dose

Absorb  Moringa Mavens

JOIN US TODAY

**Its EASY
To STAY HEALTHY
Take MORINGA DAILY!**



Moringa Moringa Mavens